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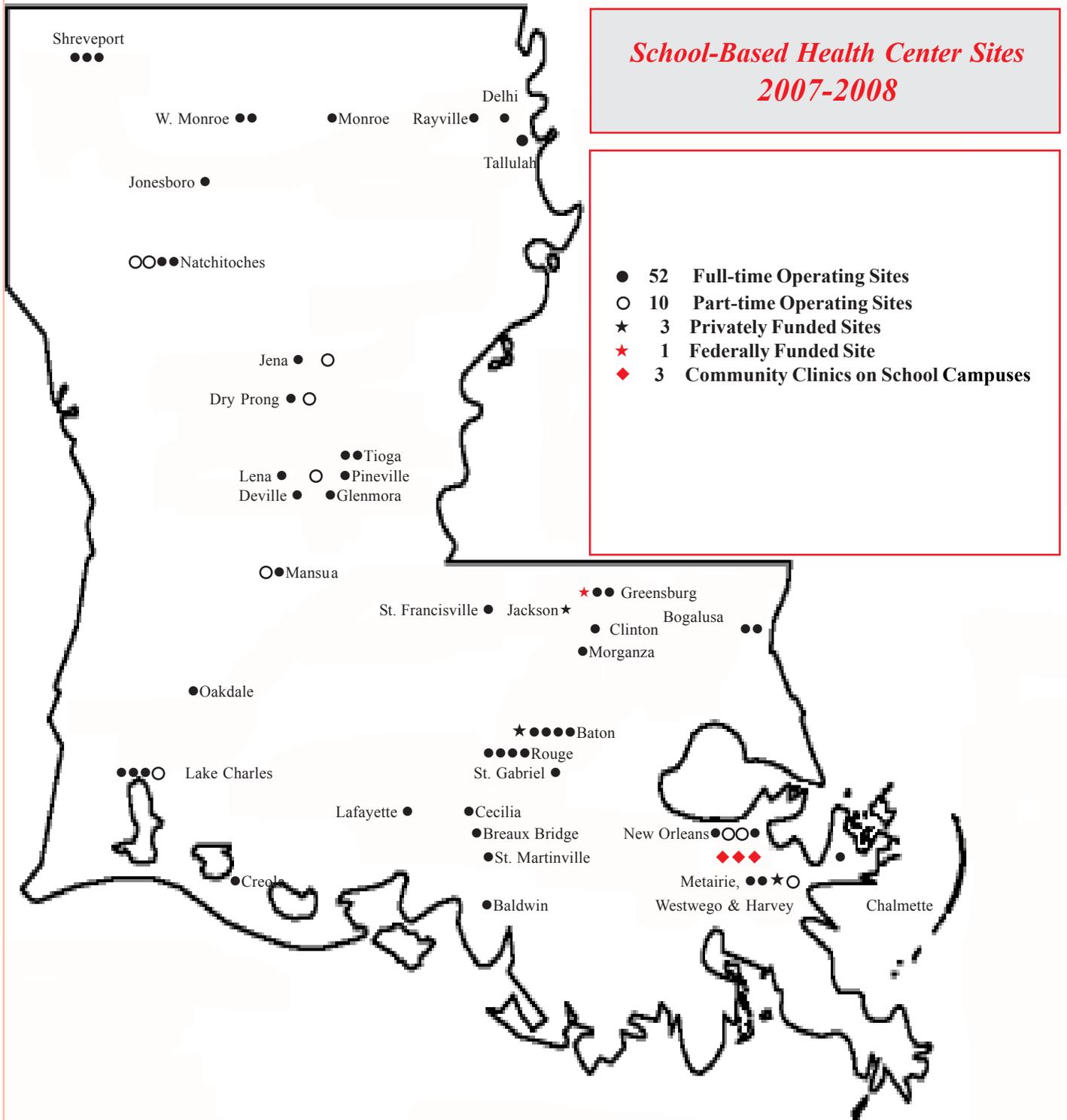


Program Highlights & Overview



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Louisiana Adolescent School Health Initiative



Allen Parish
Oakdale
Oakdale Middle

Avoyelles Parish
Mansura
Mansura Middle
Avoyelles Charter

Caddo Parish
Shreveport
Atkins Elementary
Linwood Middle
Woodlawn High

Calcasieu Parish
Lake Charles
Combre-Fondel Elementary
Clifton Elementary
Molo Middle
Washington-Marion High

Cameron Parish
Creole
South Cameron High

E. Baton Rouge Parish
Baton Rouge
Capitol High
Glen Oaks High
Glen Oaks Middle
Istrouma High
Northeast Elementary
Northeast High
Prescott Middle
Westdale Middle
Scotlandville Middle (Privately Funded)

E. Feliciana Parish
Clinton
Clinton Middle
Jackson
Jackson Complex (Privately Funded)

Grant Parish
Dry Prong
Dry Prong Jr. High
Pollock Elementary

Iberville Parish
St. Gabriel
East Iberville Elementary & High

Jackson Parish
Jonesboro
Jonesboro Jr. & Sr. High

Jefferson Parish
Harvey
West Jefferson High (Privately Funded)
Metairie
Bunche Middle
Riverdale High
Westwego
Butler Elementary

Lafayette Parish
Lafayette
Northside High

LaSalle Parish
Jena
Jena Jr. High
Jena Sr. High

Madison Parish
Tallulah
Madison High

Natchitoches Parish
Natchitoches
Cloutierville Elementary
Marthaville Elementary
Lakeview Jr. & Sr. High
Natchitoches Central High

Orleans Parish
New Orleans
O Perry Walker High
McDonogh 35 High
McMain High
Science & Math High
Douglass High
Behrman Elementary
Henderson Elementary

Ouachita Parish
Monroe
Carroll Jr. High Magnet
W. Monroe
Riser Middle
West Monroe High

Point Coupee Parish
Morganza
Pointe Coupee Central High

Rapides Parish
Deville
Buckeye High
Glenmora
Glenmora Elementary & High
Lena
Northwood PreK-12
Pineville
Pineville Jr. High
Lessie Moore Elementary
Tioga
Tioga Jr. High
Tioga Sr. High

Richland Parish
Delhi
Delhi Jr. & Sr. High
Rayville
Rayville High

St. Bernard Parish
Chalmette
Chalmette High

St. Helena Parish
Greensburg
St. Helena Central Elementary
St. Helena Central Middle
St. Helena Central High (Federal Funding)

St. Martin Parish
Breaux Bridge
Breaux Bridge Schools
Cecilia
Cecilia Schools
St. Martinville
St. Martinville Schools

St. Mary Parish
Baldwin
West St. Mary High

W. Feliciana Parish
St. Francisville
Family Service Center

Washington Parish
Bogalusa
Bogalusa High
Bogalusa Jr. High

2007-2008
Academic Year

OPH Funded SBHCs

Region Parish	SBHC Location	Grades Served	#		Total Student Enrollment	Total SBHC Registration	% SBHC Students Enrolled	Total Patients Served
			Schools Served					
I Orleans St. Bernard Jefferson	McDonogh 35 Sr. High Science & Math Charter * & McMain Secondary*	9-12	1		958	DNA	DNA	DNA
		7-12	2		1,153	901	78%	814
	O Perry Walker High Chalmette High Bunche Middle* Butler Elementary Riverdale High	9-12	1		827	417	50%	360
		8-12	1		1,463	998	68%	957
		PreK-8	4		1,358	313	23%	145
		K-9	3		2,079	1,645	79%	715
6-12	2		730	614	84%	608		
II E. Felic. W.Felic. E.B.R. Iberville	Clinton Middle	6-8	1		960	840	88%	291
	Family Service Center	PreK-12	5		2,429	2,095	86%	1,652
	Istrouma High	9-12	2		862	606	70%	380
	Westdale Middle	6-8	1		815	669	82%	363
	Glen Oaks High	9-12	1		677	517	76%	350
	Glen Oaks Middle	6-8	1		513	478	93%	372
	Prescott Middle	6-8	1		619	508	82%	372
	Northeast Elementary	K-6	1		607	580	96%	493
	Northeast High	7-12	1		886	701	79%	499
	Capitol High	9-12	1		465	362	78%	330
	E. Iberville Elem & High	PreK-12	1		560	560	100%	342
III St. Mary	West St. Mary High	6-12	2		806	DNA	DNA	DNA
IV St. Martin Lafayette	Cecilia	PreK-12	4		2,521	2,161	86%	1,115
	Breaux Bridge	PreK-12	6		3,249	2,928	90%	897
	St. Martinville	PreK-12	4		2,529	2,113	84%	892
	Northside High	9-12	1		960	840	88%	770
V Calcasieu Allen Cameron	Washington-Marion	9-12	1		726	580	80%	477
	Clifton Elementary	PreK-5	1		380	298	78%	208
	Molo Middle	6-8	1		361	353	98%	311
	Combte-Fondel*	PreK-5	1		399	398	100%	290
	Oakdale Middle Cameron	5-12 PreK-12	3 1		726 456	709 456	98% 100%	669 373
VI Rapides Grant Avoyelles LaSalle	Buckeye High	7-12	1		756	738	98%	586
	Glenmora	PreK-12	2		673	673	100%	471
	Northwood	PreK-12	1		663	663	100%	519
	Pineville & Lessie Moore*	PreK-8	2		1,080	1,080	100%	799
	Tioga Jr. High	7-8	1		570	570	100%	481
	Tioga Sr. High	9-12	1		753	753	100%	532
	Dry Prong Jr. & Pollock Elementary*	PreK-8	3		1,061	1,061	100%	863
	Avoyelles Charter* & Mansura Middle	K-8	2		967	956	99%	902
	Jena Jr. & Sr. High*	7-12	2		691	645	93%	513
VII Caddo Natchitoches	Linwood Middle	6-8	1		592	592	100%	478
	Atkins Elementary	PreK-5	1		510	467	92%	396
	Woodlawn High	9-12	1		805	523	65%	464
	Lakeview Jr. & Sr. High	7-12	1		345	345	100%	375
	Natchitoches High	9-12	1		1,335	1,272	95%	577
	Marthaville Elementary*	PreK-8	1		338	191	57%	40
	Cloutierville Elem & Jr.*	PreK-8	1		403	252	63%	112

Region Parish	SBHC Location	#		Total Student Enrollment	Total SBHC Registration	% SBHC Students Enrolled	Total Patients Served	
		Grades Served	Schools Served					
VIII Ouachita	Riser Middle	PreK3-8	5	1,900	1,334	70%	967	
	West Monroe High	PreK4-12	3	2,425	1,237	51%	759	
	Carroll Jr. & Sr.High	7-12	2	996	425	43%	313	
	Madison	Madison High	PreK-12	3	1,633	1,047	64%	561
	Richland	Delhi Jr. & Sr. High	PreK-12	4	1,218	1,065	87%	579
	Jackson	Rayville High	PreK-12	5	1,780	778	44%	222
	Jonesboro Middle & Sr.	3-12	2	604	472	78%	302	
IX Washington	Bogalusa High	9-12	1	541	530	98%	456	
	Bogalusa Jr. High	7-8	1	458	382	83%	298	
	St. Helena	Central Elementary	PreK-4	539	517	96%	416	
		Central Middle	5-8	1	364	361	99%	297
	Pointe Coupee	Pointe Coupee High	PreK-12	2	1,118	308	28%	171
TOTAL	26 Parishes	62 SBHCs	107	56,192	42,877	82%	28,494	

* Part-time Satellite Clinics

DNA Data Not Available

Louisiana SBHCs Funded by Other Sources

Jackson Complex SBHC

Jackson Complex SBHC opened in December 2005. The opening of this SBHC was made possible through funding from hurricane relief money from the W.K. Kellogg Foundation. The SBHC was able to remain open through financial assistance from the Primary Care Providers for a Health Feliciana Community Clinic and grants from various foundations including one from the National Association of Coordinated Health Centers (NACHC).

Scotlandville Elementary

Scotlandville Elementary SBHC opened in January 2007 through funding from the W.K. Kellogg Foundation as well as the E. Baton Rouge Parish School System.

St. Helena Central High SBHC

In 1999, the St. Helena Central High SBHC began serving students upon receiving funding from the Health Resources and Services Administration, Bureau of Primary Care. This SBHC has been very successful in getting their students registered and utilizing the SBHC.

West Jefferson High SBHC

West Jefferson SBHC opened its doors on July 1, 2007. The SBHC is sponsored by Jefferson Parish School System and has partnered with Ochsner Health System to provide the medical services. It received funding for its first year of operation from the W.K. Kellogg Foundation.

Region	Parish	SBHC Location	Grades Served	# Schools Served	Total School Enrollment	Total SBHC Registration	% SBHC Students Enrolled	Total Patients Served
II	E. Feliciana	Jackson Complex	PreK-12	1	790	559	71%	Not Avail.
II	E. Baton Rouge	Scotlandville Elem.	K-5	1	490	365	74%	365
IX	St. Helena	Central High	9-12	1	387	367	95%	220
I	Jefferson	W. Jefferson High	9-12	2	1,300	663	51%	387
Total	3 Parishes	4 SBHCs		5	2,967	1,954		972

Community Health Clinics Located on School Campuses

The Medical Center of Louisiana at New Orleans (MCLNO) has opened three community health clinics located on school campuses. The clinics are located on Murray Henderson Elementary, Martin Behrman Elementary and Fredrick Douglass High school campuses. These clinics are staffed exclusively by MCLNO staff and are partially funded through a grant from the Department of Health and Human Services. The clinics not only provide services to the students, but to the families living in the surrounding communities as well.

Region	Parish	Community Health Clinic	Grades Served	# Schools Served	Total School Enrollment	Total Visits (Students & Community Members)
I	Orleans	Murray Henderson Elem.	PreK-8	1	306	541
I	Orleans	Martin Behrman Elem.	PreK-8	1	660	406
I	Orleans	Frederick Douglass High	9-12	2	751	1,030
Total	1 Parish	3 SBHCs		4	1,717	1,977

SBHC Mental Health Training

Professional Development for Mental Health Providers Improves Care

The Children’s Health Fund (CHF) continues its commitment to improving the behavioral health of Louisiana’s adolescents by providing professional development for SBHC behavioral health providers (BHP). Seven workshops were conducted from September 2007 to February 2008 during which BHPs learned new techniques to better assist adolescents needing behavioral health services. Topics included *Advanced Cognitive Behavioral Therapy: Putting Theory into Practice*, *Interpersonal Therapy for Depressed Adolescents*, and *Family Therapy: A Systems Perspective*. Workshops were well attended.

Anger, depression, grief, family disruptions, and fear as a result of living in an unsafe environment, both at home and in their communities, are issues faced by young people and can lead to maladaptive behaviors such as physical fights,



academic underachievement, family conflict, and truancy. Physical manifestations of underlying stress, including cutting, sleep disturbance, headaches and stomachaches, have also been noted by SBHC BHPs. In addition, Louisiana’s children, like adults, continue to feel the stress and pain of a slow recovery from the hurricanes, but often with fewer emotional resources to draw from. Behavioral health staff provides individual, group, and family therapy to help students learn positive ways to face these issues.

Pearl Nelson, LPC, at Molo Middle SBHC in Lake Charles says, “The trainings have provided me with networking and continuing education opportunities...to learn from one another as well as receive training and education from other professionals in the field.” She credits the training with enhancing the quality of her counseling services and has implemented several of the treatment modalities during her sessions.

Additional regional behavioral health workshops are planned for the 2008-09 school year.

Highlights

This year, DHH/OPH and the SBHC Network are proud to announce the opening of 14 new SBHCs. Ten of the sites are funded by OPH. The other four SBHCs include three community clinics in Orleans Parish funded by the Medical Center of Louisiana at New Orleans (MCLNO) and one SBHC in Jefferson Parish sponsored by the Jefferson Parish Public School System with Ochsner Health System as the medical partner.

OPH/ASHP provided technical assistance workshops & conference calls throughout the year to assist the sponsors with the planning and operation of their SBHCs. These clinics have accomplished so much in such little time. Listed below are some of the highlights from the newest centers.

Chalmette SBHC

Chalmette SBHC is located in St. Bernard Parish. SBHC staff soon discovered that many of the students at Chalmette had not seen a medical professional for years and were in great need of services. For example, one student, a 16-year old asthmatic, had not seen a doctor or had an inhaler since Hurricane Katrina. After having an asthma attack at school and finding that his usual method of treatment (deep breathing) failed, he was rushed to the SBHC. SBHC staff were able to treat his asthma and provide a prescription for an inhaler. He has since been linked to a local pediatrician for long-term care and his asthma is now well controlled.

West Jefferson SBHC

West Jefferson SBHC, located on the West bank of Jefferson Parish, was funded by the Kellogg Foundation for its first year of operation. Students on the West Jefferson Student Council were on a field trip this past year with several faculty members and went to lunch at a local sushi restaurant. One of the students had a severe allergic reaction to the sushi, but her airway was not

obstructed. The teachers rushed the student back to the SBHC instead of a hospital nearby and she was immediately seen and treated. She was released without problems. The student and Student Council tell the story of how the “clinic saved her life.” Another student described how the SBHC supported her while her mother was dying of cancer and also later, helped her get into college providing all necessary vaccines. She has been a huge advocate for the SBHC since and encourages other students to utilize the services offered.



Woodlawn SBHC

Woodlawn SBHC is located in Caddo Parish. It is the third center to open in the Shreveport area. The SBHC began providing services in September 2007. The clinic was well received by the students, parents and faculty of Woodlawn High School. Throughout its operation, Woodlawn SBHC conducted student and teacher satisfaction surveys. The teacher’s reactions to the SBHC were very positive and they expressed pleasure that because of the health center, the students were not missing a lot of school.

West Monroe SBHC

West Monroe SBHC in Ouachita Parish began providing services in October 2007. This is the second SBHC in this area and both are sponsored by the Ouachita Parish School Board in conjunction with the Living Well Foundation. Although the majority of services are provided to students on Medicaid/LaCHIP and those who are uninsured, their immense value is also recognized by private insurance companies. The SBHCs have already successfully contracted with 25 different private insurance companies to bill for services provided to their students.

Cloutierville/Marthaville SBHCs

Cloutierville SBHC and Marthaville SBHC are both located in Natchitoches Parish. The communities were very instrumental in getting the SBHCs up and running. There were many volunteers who not only donated materials, but also helped with the building process by painting and cleaning up the site. Both SBHCs are providing relief to parents whose families do not have insurance as well as families who are unable to travel the distance for immunizations and sports physicals. Students are now updated on their immunizations and are able to play sports, an opportunity they did not have in the past.



Pointe Coupee SBHC

The Pointe Coupee SBHC is located in Morganza, Louisiana. It opened in January 2008 and began seeing students immediately. The school, however, was in transition and was being taken over by Advanced Baton Rouge. The SBHC reopened in August and was greeted with much enthusiasm by staff and students. The clinic has been very busy with school and sports physicals, STD screening and regular sick visits. The students have been very receptive to the care given by the SBHC staff. Parents have expressed their appreciation to the SBHC and to the school.

West St. Mary SBHC

West St. Mary SBHC is located in Baldwin, Louisiana in St. Mary Parish. The SBHC had its grand opening on May 28, 2008. The staff at the high school as well as many community leaders attended the event. The coaching staff is very eager for the SBHC to perform sports physicals on the athletes.

Rayville SBHC

Rayville SBHC is located in Richland Parish. The SBHC social worker was credited with changing a student's life for the better. The student was experiencing problems at home with his mother and stepfather. He began acting out in school

and having anger management issues. A teacher at the school referred the student to the SBHC for counseling. After diagnosing the problem, the social worker counseled both the student and his family. The teachers at Rayville now recognize the importance of the SBHC and are encouraging other students to seek services.

O Perry Walker SBHC

O Perry Walker SBHC is located in Algiers in Orleans Parish. The SBHC opened in October 2007 and has a full time physician on staff. The clinic has successfully partnered with Metropolitan Human Services District to also employ a part-time psychiatrist and full time behavioral health professional to provide services.

Future SBHCs

With continued demand and support for SBHCs across Louisiana, DHH/OPH recently awarded six (6) planning grants for FY 2008-09 with the intention that they will become operational clinics in fiscal year 2010.

St. Francis SBHC

St. Francis SBHC is located at Carroll Junior High in Monroe. During their first year of operation, the SBHC is credited with helping to reduce St. Francis Medical Center emergency room visits by 51% for the 12-18 year old age group. In addition, attendance at Carroll Junior High School has improved over the past year. The social worker has incorporated art therapy in her sessions. One student in particular has had numerous set-backs throughout his school year including deaths of family members and losing his home to a fire. Through art therapy, he has found a way to express his feelings and began to exercise more appropriate responses to the actions of others.



SBHC's Fight Tooth Decay

According to the Centers for Disease Control and Prevention (CDC), "tooth decay is the most common chronic infectious disease among U.S. children."¹ Tooth decay is a health problem that is preventable by the consumption of fluoridated water, good oral hygiene and regular dental care. Children and adolescents living in poverty suffer twice as much tooth decay as their more affluent peers, and their disease is more likely to go untreated.² The CDC also reports that "28 percent of children aged 2–5 years have already had decay in their primary (baby) teeth. By the age of 11, approximately half of all children have experienced decay, and by the age of 19, tooth decay in the permanent teeth affects two-thirds (68 percent) of adolescents."³

According to the *Oral Health Issue Brief: Prevention and Access to Care in Louisiana*, "Over 51 million school hours are lost each year due to dental-related problems."¹ School-based sealant programs have been strongly recommended to reduce tooth decay in young children by the Task Force on Community Preventive Services.² Some of the Louisiana SBHCs have been able to address some of the oral health needs of their students in their community. Listed below are some of the highlights that these sites have shared. We take this opportunity to congratulate and commend them all on a job well done.

Health Care Centers in Schools (HCCS) in Baton Rouge

HCCS obtained a memorandum of understanding (MOU) with Reachout Healthcare America (RHA), a dental home company located in Phoenix, Arizona that provides comprehensive dental care to the Louisiana National Guard and many school districts in the southwestern region of the U.S. RHA contracts with local dentists who agree to provide dental care one or two days each week.

HCCS monitored a three-day trial with RHA at Scotlandville Elementary School in May 2008. During that time, with the coordination being handled by HCCS staff, the dental team saw 23 students who received exams, x-rays, fluoride treatments and cleanings. Of the 23 students that were seen, the RHA staff completed 38 sealants, 15 fillings, 14 extractions, 2 pulpotomy/crowns, 23 cleanings and fluoride treatments and made 7 referrals to local dentists for restorative care. HCCS is working with local dentists in Baton Rouge to provide on-going dental care to students for the upcoming 2008-09 school year.

Pollock SBHC in Grant Parish

The Pollock SBHC collaborated with a federally qualified health center (FQHC) to provide on-site dental services to the students through Operation Smile. Operation Smile is a mobile, full service dental program. Portable dental equipment was set-up in Pollock SBHC to provide weekly services. A dentist, with two assistants, provided complete dental care for the students. The dental care included check-ups, x-rays, cleanings, fillings, root canals, and extractions. The participating students were educated on proper tooth brushing, flossing techniques, disease prevention, cavity prevention, and proper diet. Dental exams, cleanings, X-rays and oral health education were provided to 296 students. Treatment plans based on dental exams were given to 84 students and many of these students have already seen a dentist for restorative care.

Primary Care Providers for a Healthy Feliciana

In 2004, Primary Care Providers for a Healthy Feliciana, a federally qualified health center (FQHC) that sponsors 2 SBHCs in East Feliciana Parish, began partnering with the LSU Dental School's Oral Health Initiative to provide cleaning and sealants to school children of East Feliciana Parish. Using portable dental equipment, the dentist from the FQHC provided



students with oral exams, treatment plans and referrals to the main dental site for those who needed restorative care. A dental hygienist also provided full-mouth cleanings and placed sealants on the molars as appropriate. In the spring of 2008, Jackson (School) Complex SBHC received a fully equipped dental suite through the Bureau of Primary Care and Rural Health's Community Based and Rural Health Grant Program. The suite is staffed by a dental hygienist from the FQHC and students will begin to receive services in the new dental suite in the 2008-09 school year.

Riser Middle School in Ouachita Parish

Riser SBHC received grant funding through the Kellogg Foundation to establish a dental hygiene clinic at the SBHC in March 2006. A cooperative agreement was formed with

the University of Louisiana at Monroe (ULM) School of Dental Hygiene to staff the hygiene clinic. Services were performed by ULM dental hygiene students with their instructors and included dental cleanings, x-rays, fluoride treatments, dental referrals, and dental care education.

During the 2007-08 school year, Riser SBHC completed 289 dental cleanings with x-rays and over 500 dental sealants were applied to the student's teeth to prevent decay development. Dentists screened over 300 students during *Give Kids a Smile Day* in grades PreK-8th, looking for children who did not have tooth decay and were eligible for sealants. *Give Kids a Smile Day* consisted of 18 dentists and the ULM dental hygiene instructors.

¹ Department of Health and Human Services/Centers for Disease Control and Prevention. 2008. Children's Oral Health. In Centers for Disease Control and Prevention [Website]; Cited October 9, 2008; available at <http://www.cdc.gov/oralhealth/topics/child.htm>

³ Department of Health and Human Services/Centers for Disease Control and Prevention. 2008. Children's Oral Health. In Centers for Disease Control and Prevention [Website]; Cited October 9, 2008; available at <http://www.cdc.gov/oralhealth/topics/child.htm>

² Department of Health and Human Services/Centers for Disease Control and Prevention. 2008. Children's Oral Health. In Fact Sheets from the Office of the Surgeon General. [Website]; Cited October 9, 2008; available at http://www.cdc.gov/oralhealth/publications/factsheets/sgr2000_fs3.htm

⁴ Richardson, D, *Oral Health Issue Brief: Prevention and Access to Care in Louisiana*, 2008

⁵ Association of State and Territorial Dental Directors, June 2003. Best Practice Approaches for State and Community Oral Health Programs [Website]; Cited October 9, 2008; available at http://www.astdd.org/dynamic_web_templates/bpschoolsealant.php

SBHC Funding History

Fiscal Year	Funding Source	Number of SBHCs
1987-88 1989-90	Robert Wood Johnson (RWJ) Foundation grant Louisiana Legislature asks OPH to study SBHC expansion	2 in Baton Rouge 1 in New Orleans
1990-91	Adolescent School Health Initiative Act passes, authorizing OPH to develop SBHCs	

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1992-93	Maternal and Child Health (MCH) Block Grant	Affiliation established with 1 SBHC in W. Feliciana & the 3 RWJ SBHCs
1993-94	MCH Block Grant	5 new SBHCs open in rural & inner city urban areas
1994-95	MCH Block Grant; \$1.6 million in one-time state funds; Child Care & Development Block Grant for day-care activities; RWJ Making the Grade Planning Grant	1 new SBHC opens; 14 in planning stages; 10 supportive projects
1995-96	MCH Block Grant; \$2.5 million in state budget; RWJ Making the Grade Planning Grant	5 new SBHCs open; 8 continue planning
1996-97	MCH Block Grant; \$1.6 million RWJ Foundation Implementation Grant; \$2.65 million State Legislative Appropriation	23 operational SBHCs 8 planning for 1997-98 operation
1997-98	MCH Block Grant; Continuation of RWJ Foundation grant; Continuation of State Legislative Appropriation	30 operational SBHCs 7 planning for 1998-99 operation
1998-99	Continuation of existing funding sources; additional \$600,000 in State Legislative Appropriation	35 operational SBHCs
1999-00	Last year of RWJ Foundation Grant; Continuation of MCH Block Grant & State Legislative Appropriation; Additional \$1,018,176 in State Legislative Appropriation	40 operational SBHCs
2000-01	Continuation of MCH Block Grant & State Legislative Appropriation; Additional \$1,618,588 in State Legislative Appropriation	47 operational SBHCs 6 planning SBHCs
2001-02	Continuation of MCH Block Grant & State Legislative Appropriation; Additional \$820,000 in State Legislative Appropriation	53 operational SBHCs
2002-03	Continuation of MCH Block Grant & State Legislative Appropriation. \$100,000 in Prevention Block Grant to implement the <i>Best Practices for Prevention in SBHCs</i> Initiative	51 operational SBHCs
2003-04	Continuation of MCH Block Grant, Prevention Block Grant, & State Legislative Appropriation. Additional \$264,800 in State Legislative Appropriation	53 operational SBHCs
2004-05	Continuation of MCH Block Grant & State Legislative Appropriation.	54 operational SBHCs
2005-06	Continuation of MCH Block Grant & State Legislative Appropriation.	47 operational SBHCs
2006-07	Continuation of MCH Block Grant; Additional \$1.6 million in State Legislative Appropriation	52 operational SBHCs 9 planning grantees projected
2007-08	Continuation of MCH Block Grant; Additional \$855,284 in State Legislative Appropriation.	62 operational SBHCs
2008-09	Increase in MCH Block Grant; Additional \$325,000 in State Legislative Appropriation.	64 operational SBHCs, 6 planning grants projected

Louisiana Standards for School-Based Health Centers

Primary Goal

- ☒ To provide convenient access to preventive and primary health services for students who might otherwise have limited or no access to health care.
- ☒ To meet the physical and emotional health needs of adolescents at their school sites.

Community Participation

All health centers must originate as a community initiative. State funding is dependent upon evidence of broad community participation.

Sponsoring Agency

The sponsoring agency must be either a public or a private non-profit institution locally suited and fiscally viable to administer and operate a health center serving the needs of adolescents (i.e., health center, hospital, medical school, health department, youth serving agency, school or school system).

School and School District

The host school should agree to work cooperatively with its health center, particularly in developing and implementing a full-scale coordinated school health program. School board approval is a prerequisite for a grant of state funds for planning or operation.

Services

A SBHC must offer comprehensive preventive and primary health services that address the physical, emotional, and educational needs of its student population. Services provided should include medical screenings; treatment for common illnesses and minor injuries; referral and follow-up for serious illnesses and emergencies; on-site care, consultation, referral and follow-up for pregnancy, chronic diseases and disorders, and emotional and mental problems; comprehensive physicals; immunizations; laboratory testing; and preventive services to reduce high-risk behaviors.

Parental Consent

A parent or guardian must sign a consent form, approved by school authorities, for a student to receive health center services. Parents may indicate which services they do not wish their children to receive at the centers.

Operating Policies

The hours of operation should ensure that students have easy access to the center's services. In general, a SBHC should have both before and after-school hours and should operate for some period of time during the summer.

Every school-based health center is required to promote abstinence. Centers are prohibited by state law from distributing contraceptives or abortifacient drugs or devices, and from counseling or advocating abortion, or referring any student to an organization for counseling or advocating abortion.

Staffing

Services at the school health centers are provided by multi-disciplinary teams including physicians, nurse practitioners, registered nurses, and licensed mental/behavioral health professionals. In addition, the SBHC is staffed with a medical office assistant and an administrator.

Selection Criteria

The Adolescent School Health Initiative (ASHI) seeks to provide services to young people with limited or no access to health care providers. Grants are made through a competitive call for proposals process with decisions based upon the socioeconomic and health needs of the student population to be served, the health services available in the communities, the level of community support, the likelihood of success in developing and operating SBHCs that will fulfill its service objectives, and the working relationship between the schools and health care communities.

Continuum of Care

Centers must execute cooperative agreements with community health care providers to link students to support and specialty services not provided at the school site. Centers must arrange 24-hour coverage, ensuring that students have access to services during non-operating hours, including nights, weekends, holidays, and summer vacation.

Continuous Quality Improvement (CQI) Program

Purpose of CQI On-Site Reviews



CQI Tools

LAPERT I

focuses on verifying the SBHC self-reported performance in 3 areas: administrative, medical, and behavioral health.

LAPERT II

focuses on core sentinel conditions and consists primarily of patient chart audits and data management assessment.

Results of CQI

Seven SBHCs underwent a rigorous, on-site quality assurance review this past year as part of the Adolescent School Health Program (ASHP) continuous quality improvement program. For sponsors that have successfully undergone a site visit using the LaPERT I tool, the LaPERT II tool is utilized. This tool, based on the National Assembly on SBHC's tool, focuses on core sentinel conditions, such as comprehensive physical exams, immunization rates, asthma management, data management, academic achievement, and health insurance enrollment. Improvements continue to be measured.

- Overall immunization rates improved during the year. When randomly selected charts were audited, the number of students with up-to-date immunizations increased from 61% in the first quarter to 77% in the fourth quarter.
- SBHCs continue to make strides in reducing uninsured rates. Rates of uninsured students using the health center decreased to 7% over the course of the school year. This is down from 8% in 2006-07, 9% in 2005-06 and 13% in 2004-05. For students receiving a comprehensive exam, 80% of charts audited had documentation of an STD screening. In addition, 100% of charts audited had documentation of a tobacco screening and, if necessary, counseling to address tobacco use.
- Of random charts audited during site visits, greater-than or equal to 90% had a yearly height, weight, blood pressure and body mass index documented.
- SBHC staff work closely with school personnel and have been able to document improved grades for students who were previously struggling.

Best Practices for Prevention in SBHCs

The Office of Public Health/Adolescent School Health Program (OPH/ASHP) launched the *Best Practices for Prevention in SBHCs* Initiative in 2001-2002. The Best Practices are a set of clinical guidelines for SBHC preventive services based on national recommendations. SBHC staff participate in ongoing educational workshops where the guidelines are highlighted. As the SBHCs implement the Best Practices, they also measure success by collecting outcome data. The Best Practices have been incorporated into the OPH/ASHP continuous quality improvement (CQI) Program and correspond to the core measures of quality that are evaluated on site visits.

To date the following Best Practices have been developed: Type 2 Diabetes Screening, Hypertension Screening, Immunization Administration, Cervical Cancer Screening, STD Screening, Tobacco Cessation, and Resource Tool for Comprehensive Physical Exams.

Screening for HIV/AIDS

In 2007-2008, Screening for HIV/AIDS was added as a new best practice. HIV infection and AIDS remain a leading cause of mortality and morbidity in the United States. In order to prevent the spread of HIV/AIDS and foster early intervention, the Centers for Disease Control and Prevention (CDC) in September of 2006 revised their recommendation for HIV testing of adults and adolescents in health care settings. It is now recommended that all patients aged 13-64 be screened routinely for HIV infection regardless of risk. The HIV/AIDS Best Practice is based on this recommendation.

In June, the new Best Practice was introduced to SBHC staff by the OPH-HIV/AIDS Program. In order to perform testing it is required that Staff undergo training. Therefore, half-day trainings for medical personnel and 2-day trainings for behavioral health professionals are now being offered for SBHC Staff interested in providing onsite rapid HIV testing.

Screening for Hypertension & Type 2 Diabetes

Obesity is the major risk factor for the development of hypertension and type 2 diabetes in youth. SBHCs continue to identify at risk youth with hypertension and type 2 diabetes. During the 2007-2008 school year, 925 students at risk were screened for type 2 diabetes at SBHCs across the State. Seventeen (1.8%) of the students screened tested positive for type 2 diabetes and were referred to their primary care physician. Weight reduction along with an exercise program are important steps in the management of both hypertension and type 2 diabetes. The school setting provides an excellent opportunity for education on lifestyle changes and implementation of policies and programs that can address obesity.

Immunizations

In September 2007, The Louisiana State Board of Medical Examiners (LSBME) approved SBHC registered nurses administering immunizations to students without a patient specific order from, or the continuous presence of, a physician. In addition, OPH Immunization Program officially recognized SBHCs as "Health Unit-like" facilities. These actions have greatly enhanced the SBHCs' ability

to provide needed vaccines to all students, thereby improving prevention of certain communicable diseases.



Ongoing Best Practice Trainings

New SBHC Staff were introduced to the *Best Practices for Prevention in SBHCs* and the CQI Program at the October 2007 technical assistance workshop. In addition, presentations included an *Update on NIH Guidelines for Asthma Management and Sleep Disorders* by David Thomas, MD as well as *Adolescent Hypertension* by Catherine Spiller, MD. In June 2008, the DHH Tobacco Control Program provided information to SBHCs on tobacco cessation strategies.